



Servings : 6

Amount	Measure	Ingredient - Preparation Method
5		baking potatos - cut in half if big
5		carrots - peeled and sliced 1"
1	small	rutabaga - peeled and eighthed
3		thin parsnips - peeled and quartered
1		sweet potato - peeled and halved
1/4	teaspoon	salt
2	tablespoons	butter
1	cup	hot milk
1/2	teaspoon	freshly ground black pepper
1/4	teaspoon	ground nutmeg

Place vegetables in a large pot and cover with water. Add the salt. Bring to a boil partially cover and turn to med or med-low. Cook for 25-30 minutes or more till done. Drain and cover with dish towel to dry out vegetables for a few minutes. Add the butter and roughly mash. Warm milk and beat it in the vegetables. Season with pepper and nutmeg.