

Slow Cooker Balsamic Beef

Servings : 8

Amount	Measure	Ingredient - Preparation Method
5	pounds	chuck roast
1	cup	beef broth
1/2	cup	light brown sugar
1/4	cup	balsamic vinegar
1	tablespoon	soy sauce
1	teaspoon	kosher salt
1/4	teaspoon	red pepper flakes
3	cloves	garlic - pressed

Whisk together all ingredients and add to slow cooker. Add roast. Cover and cook on low for 6-8 hours. Remove, shred with a fork, and return to juices. Serve.