

# Rockin' Round Roast

Servings : 6

| Amount | Measure     | Ingredient - Preparation Method |
|--------|-------------|---------------------------------|
| 2      | tablespoons | all-purpose flour               |
| 1      | tablespoon  | spicy brown mustard             |
| 1      | tablespoon  | chili sauce                     |
| 1      | tablespoon  | worcestershire sauce            |
| 1      | tablespoon  | red wine vinegar                |
| 2      | teaspoons   | brown sugar - packed            |
| 4      |             | red potato - quartered          |
| 1      |             | white onion - chopped           |
| 4      | pounds      | round roast                     |

Mix the flour, mustard, chili sauce, worcestershire, vinegar and brown sugar in a small bowl. Set aside. Place potatoes and onion on the bottom of the slow cooker. Add the round roast, and then top with most of the mustard mixture, reserving about 3 tablespoons. Cover and cook on low for 8 to 10 hours, or until meat and vegetables are cooked through. When ready to serve, remove roast, slice and place on individual plates. Drizzle with reserved mustard mixture. Serve remaining vegetables with a slotted spoon.