

Roasted Ginger and Garlic Carrots

Amount	Measure	Ingredient - Preparation Method
2	pounds	carrot
3	cloves	garlic - minced
1/2	inch	ginger - minced
1	teaspoon	salt
2	tablespoons	canola oil
1	tablespoon	olive oil

Preheat oven to 375.

Peel and cut carrots into 1/2 rounds.

Add garlic and ginger.

Add salt and toss with oils.

Place on cookie sheet and roast for 25 minutes.