

Red Flag Flank Steak

Servings : 6

Amount	Measure	Ingredient - Preparation Method
1 1/2	pounds	flank steak
1/4	cup	lime juice
3	tablespoons	vegetable oil
1	tablespoon	chopped jalapeno
1	tablespoon	minced garlic
1	teaspoon	chili powder
1	teaspoon	coriander seed - crushed
		salt
1/2	teaspoon	black pepper

Pat steak dry and put in shallow dish

Combine everything and pour over meat. Cover pan and refrigerate for 8 hrs, turning once
heat broiler or grill 30 minutes

broil 4 minutes a side

let cool for 5 minutes, slice