Pan-Seared Steak with Farmhouse Cheddar

Servings: 4

Amount	Measure	Ingredient - Preparation Method
4	4 oz	beef tenderloin fillet, 1 inch thick
1/2	teaspoon	salt
1/2	teaspoon	freshly ground pepper
2	tablespoons	butter
2	tablespoons	green peppercorns - rinsed
1	ounce	white farmhouse cheddar - shaved

Sprinkle beef with salt and pepper. Melt butter in large skillet over med-high heat. Add beef; cook 8-11 minutes for med rare or until desired level of doneness, turning once.

Place beef on serving platter; top with cheese. Stir peppercorns into pan drippings; cook briefly. Pour over beef.