

# Glazed Carrots

Servings : 4

Amount	Measure	Ingredient - Preparation Method
1	teaspoon	sugar - raw
1	teaspoon	kosher salt
2	tablespoons	unsalted butter
2	tablespoons	water
6		carrots - peeled, cut in half lengthwise then cut in half again

Put all the ingredients in a heavy pot and cover. Cook, over very low heat, until the carrots are tender. Shake pot frequently so carrots don't stick and burn. They should be done in less than 10 minutes. Don't let the carrots blacken.