

# Garlic Rub Roasted Cabbage Steaks

Amount	Measure	Ingredient - Preparation Method
1		head of green cabbage - cut into 1" slices
1 1/2	tablespoons	olive oil
3	cloves	garlic - smashed
		kosher salt
		freshly ground black pepper
		oil spray

Preheat oven to 400 and spray cooking sheet with spray. Pull off outer leaf of cabbage, cut cabbage from top to bottom in 1" slices.

Rub both sides with garlic.

Brush olive oil on both sides.

Sprinkle each side with salt and pepper.

Roast for 30 minutes, flip and roast for 30 more.