

# Balsamic Blueberry Grilled Cheese Sandwich

Servings : 1

Amount	Measure	Ingredient - Preparation Method
2	slices	bread
		lots of white cheese
		arugula
1/2	cup	fresh or frozen blueberries
1	tablespoon	balsamic vinegar
1 1/2	tablespoons	brown sugar

In a small saucepan, combine blueberries, sugar and vinegar. Turn on medium heat and let come to a slow boil. Crush berries as you stir. After boiling for about 5 minutes, pour into mesh strainer to separate syrup from solid berries. Svc syrup.

Spread blueberries onto a piece of bread. Top with cheese, arugula, and more cheese. Sprinkle with pepper. Top with other slice of bread and toast.