

# Apple-Walnut Salad

Servings : 8

| Amount | Measure   | Ingredient - Preparation Method       |
|--------|-----------|---------------------------------------|
| 1/2    | cup       | extra virgin olive oil                |
| 1/4    | cup       | balsamic vinegar                      |
| 4      | teaspoons | soy sauce                             |
| 4      | teaspoons | maple syrup                           |
| 10     | ounces    | baby spinach (about 9 cups)           |
| 2      | large     | fuji apple - diced                    |
| 12     | large     | mint leaf - julienned                 |
| 4      | ounces    | walnuts (1 cup) - toasted and chopped |
| 2      | teaspoons | ground black pepper                   |

In a large bowl, whisk together oil, vinegar, soy sauce, and maple syrup. Add remaining ingredients and gently toss.